

coming together to take action.  
Will you join us?

**INTERNATIONAL  
REBELLION**


London—Monday October 7, 10am—take two weeks off work

This crisis affects every one of us. The Rebellion needs every one of us.

ASSEMBLY on climate  
and ecological justice.

people near you who are standing up to  
the climate and ecological crisis.

Los Angeles / Santiago / Toronto / Washington DC / New York / Montréal / Buenos Aires / Dublin / Madrid / London / Paris  
Amsterdam / Berlin / Prague / Vienna / Cape Town / New Delhi / Mumbai / Adelaide / Melbourne / Sydney / Brisbane / Wellington

 **extinction  
rebellion**

Search Extinction Rebellion / Follow us on social media for updates and events

1. Climate Psychology Alliance (CPA)

2. Deep Adaptation → Prof. JEM Bendall

↳ 2018 Paper

- Climate Tragedy
- website of the same name
- We're looking at profound social collapse which includes nihilism
- Psychological aspect of 'Paving up to head to the'

3. Dr Rupert Read

- Less dire position about climate catastrophe

4. Radio programmes → Climate grief

- Will send link

5. Jen Bendall + Deb Ozorka  
Youtube talk: Beyond Hope.

6. Greta Thunberg → No-one is too small to make  
A difference

7. Open letter from Psychologists  
↳ Email

8. Susie Albach → Feminist Therapy Centre → Climate Sorrow



9. Facing up to Climate Reality: Honesty, Disaster and Hope → Edited collection by John Foster  
Facing up ... a psychological response.

10. "Could Capitalism Survive?"  
The greenhouse think tank

11. NYTimes "The Next Reckoning: Capitalism + Climate Change"

12. Jay Bylles - Myths of Stability: Putting Capitalism Before Creation

11. New York Times - The Next Reckoning: Capitalism + Climate Change

• James Hansen "From a technology and economic standpoint, it is still readily possible to stay under 2 degrees"

• We must immediately begin to eliminate carbon-dioxide emissions  
↳ We obviously haven't

• Most zero emissions plans propose a combo of:

- > Carbon taxes
- > Electrical international treaties
- > Subsidisation of renewable energy

> Charges for landfill levels

> Reorientation

> Land use reform

(changes the laws around how land can be used)

> Investment in energy efficiency, energy storage + carbon-capture technology

A process that captures CO<sub>2</sub> emissions + stores them so they don't enter our atmosphere



- large corporations (e.g. Heritage Foundation) denying climate change. This deepens public ignorance about global warming and also delays real decisions / considerations around most urgent policy / change making systems
- Are we capable, as a capitalistic society, of sharply reducing carbon emissions?
- "Will a radical realignment of our economy require a radical realignment of our political system - within the next few years?"
- Where should the money from carbon tax be directed? Clean energy projects? Back to taxpayers?
- Shutting coal plants etc. will take people's jobs away. Could you retrain + rehire within green industries?
- How to help those in poor + neglected communities that will suffer worst from climate change?
- Should reparations be taken from oil + gas companies for their sins → How much / what is enough?
- Corporations = psychopaths so coercion must be the solution.

## 1] Climate Psychology Alliance - CPA

- A not-for-profit organisation of people from psychological professions that aims to identify and address the psychological impact of our planetary dire situation.
- Aims:
  1. Recognise our part of the problem
  2. Address existential shame
  3. Hold the tension between hope + despair
  4. Offer understanding and support
  5. Restore what has been repressed
  6. Responding to climate anxiety
- Currently focusing on: Developing + publishing research, creating + sustaining a therapeutic support network, workshops for therapeutic practitioners who want to offer their skills to a wider climate movement and creating the handbook for climate psychology
- Climate Crisis Conversation Podcast
- Jay Gillitis - Myths of Stability: Putting capitalism Before Creation

FURTHER RESEARCH



## 7 An Open Letter from Psychologists on the Trauma of Climate Change

- Written in solidarity with a similar letter from medical practitioners
- Acute trauma on a global scale in response to extreme weather events, forced migration and conflict
- We have only 11 years left to halve global emissions + reach zero by 2050.  
↳ last year emissions only continued to rise
- DEMANDS
  - > That governments + media are honest about the challenges + urgency of tackling ecological disaster
  - > That governments elect carbon neutrality within the IPCC time frame
  - > That governments establish + are led by Citizens Assemblies to enable climate + ecological justice

## 12 Myths of Stability: Putting Capitalism Before Creation

- Myths + creation legends talk about bringing order out of chaos
- The ice ages + other climate shifts have previously happened so slowly that they become out of reach of (almost) any cultural memory - humans felt that the environment is stable within its own changing patterns  
↳ seasons
- Climate change an insult to God?  
a "threat to the Christian faith"
  - Cornwall Alliance for the Stewardship of Creation
- Now we have largely turned from the natural world to the artificial worlds of consumerism so we look for stability in that
- Celebrities rise + fall but the entertainment industry keeps churning. Share prices rise + fall but capitalism must be **inimitable**  
**Cannot undergo real change in any respect**
- Financial stability takes place of ecological stability



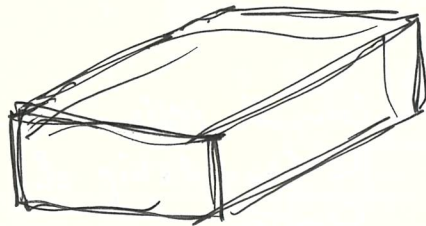
> Track our own habits & consumption

↳ When do you feel guilty

> Consuming less.

> shameplane.com ] ————— tells you how many ice per m<sup>2</sup>  
melt per square meter

> Trash haul



Big ass box that's a virtual  
celebration for trash etc...

Anti - sell help come  
"what made you feel guilty today?"